



LIFESPA[®]
MEDI

WELLNES THERAPY

Bioidentical Hormones

BIOIDENTICAL HORMONE REPLACEMENT THERAPY (BHRT)

We'll give your hormones a needed boost for improved vitality, energy and mood.

BIOIDENTICAL TESTOSTERONE REPLACEMENT THERAPY (BTTRT)

We can restore fallen testosterone levels for restored athletic performance and youthful vigor.

BHRT is the management of hormone deficiencies using only molecules that are identical to the endogenous hormones with our bodies. This therapy does not use synthetic hormones (manufactured in laboratories). We use Bioidentical hormones that are extracted from natural sources, plants like soybean and wild yams, and their molecular structure is identical to that of the hormones produced by our bodies.

WHY USE BHRT?

In using BHRT, we can help manage the symptoms of perimenopause, menopause, andropause and other hormone deficiencies such as: memory loss, low libido, weight gain, decreased muscle mass, insomnia or trouble sleeping, irritability, fatigue, mood swings, difficulty losing weight, depression, anxiety, cloudiness.

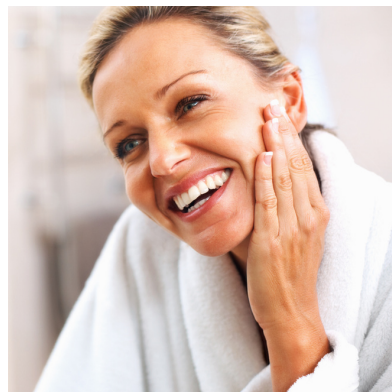
BHRT – IN THE KNOW:

You must be a Physician's Assistant, Nurse Practitioner or MD to provide services and prescribe treatments. Creams, injections and pellets used are Bioidentical to your body.

Pellets are surgically inserted in-office and do not require a stitch. Pellets generally last 3-4 months depending on the individual.

Injections and creams are able to be self administered in the comfort of your own home.

Lab tests are required to begin a program with follow up labs to review results.



IV THERAPY



FUEL YOUR BODY, BYPASS THE REST.

Forget clunky pills and slow absorption. IV therapy delivers a potent shot of vitamins, minerals, and other nutrients directly to your bloodstream, giving your body instant access to what it needs to thrive.

CRAFTED JUST FOR YOU.

Each IV cocktail is like a personalized smoothie for your health. Whether you're seeking a hydration boost, an immunity upgrade, or a specific nutrient fix, we'll blend the perfect concoction to match your needs. Think vitamin C bombs, B-powered energy blends, or electrolyte cocktails for post-workout recovery.



GLP-1: UNLOCK YOUR WEIGHT-LOSS TRANSFORMATION

Forget the struggle, not the science. This program leverages the power of GLP-1, a naturally occurring hormone that helps you eat less, feel fuller, and boost your metabolism. Imagine a built-in appetite control switch, combined with your own personalized fitness and wellness plans - that's the recipe for real, lasting weight loss.

EAT LESS, FEEL MORE.

GLP-1 helps your brain say "enough" after smaller portions, so you naturally curb cravings and reduce calorie intake without feeling deprived. It slows down your digestion, giving you that satisfying feeling of fullness that lasts, while also encouraging your body to burn fat more efficiently. Meaning, that you're not just shedding pounds, you're building a leaner, healthier you.

BEYOND APPETITE CONTROL

GLP-1 offers additional benefits like regulating blood sugar and supporting cell function, setting the stage for long-term success and sustainable weight management.



READY TO START YOUR JOURNEY?

Call us today at 952.546.5474 and let's get you on the path to a healthier, happier you.

Prices vary based on provider and service offering.

For more information or to schedule a consultation, please call 952-541-7127.