



LIFE SPA  
MEDI

# LASER SPECIALIST & ADVANCED AESTHETICIAN

MONICA LADEN



@skinandbeautybymonica



With over 25 years of experience in aesthetics, Monica Laden is a seasoned professional recognized for her gentle touch, in-depth expertise, and dedication to delivering exceptional results. Monica's advanced training includes certifications in SkinPen microneedling, dermaplaning, and Elite HydraFacial, as well as education through the National Laser Institute, Elleebanna Excellence Academy, and the Vitality Institute. She has also completed IS Clinical Cancer Care training and studied under renowned acne expert Dr. Mark Lee. As a HydraFacial trainer and former regional educator, Monica has spent years sharing her knowledge while continually refining her expertise. For the past 13 years, Monica has ranked in the top 10% of aestheticians company-wide, a testament to her results-driven approach and loyal client following. She has trained under some of the top professionals in the field, including completing a specialized residency with a European aesthetician. This unique experience shaped her signature treatment style—one that integrates full-body relaxation techniques and intentional massage rituals not typically taught in traditional U.S. programs.

## SERVICES PROVIDED

- Sciton® Laser Services: Halo®, BBL, Nano Laser Peel, & Micro Laser Peel
- Other Laser Services: Hair Removal, Ultherapy® and SkinTyte®
- SkinPen Precision® (Microneedling)
- Advanced Skin Treatments: HydraFacials®, Chemical Peels (Skin Medica® and VI Peel®), & Dermaplaning
- Custom Facials, Full-Body Waxing, Tinting (Brow/Lash), and Brow/Lash Lamination/Lift

## YEARS OF EXPERIENCE

- Master HydraFacial Certified 2023
- Dr. Mark Lee, Acne Specialist Training 2022
- Elleebanna Excellence Academy & Vitality Institute 2021
- National Laser Institute, AZ 2020
- SkinPen Certified & IS Clinical Cancer Care Training Certification 2018
- Dermaplaning Certified 2013
- Regional Educator, HydraFacial Trainer 2012
- International Dermal Institute 2000
- Central Beauty School 1999

## SPECIAL TRAININGS, AWARDS, PROGRAMS

- Advanced Certifications in Sciton®, & SkinPen®
- Multiple Life Time Artistry & Spot Light Award Recipient--Aesthetics

