



LIFE SPA  
MEDI

# INJECTION SPECIALIST

STEPHANIE ASTOR, RN, BSN



@stephaniejohnsonaesthetics



Stephanie is a highly skilled Registered Nurse with a Bachelor of Science in Nursing and nearly two decades of clinical experience. Since beginning her nursing career in 2005, she has cultivated a strong passion for wellness, preventative care, and the transformative impact of aesthetic medicine. As a Certified Aesthetic Nurse Specialist (CANS)—a distinguishing credential awarded by the International Society of Aesthetic and Plastic Nurses—Stephanie is recognized for her advanced expertise and commitment to excellence in the field of aesthetics. Her approach emphasizes natural-looking results, with a focus on restoring and enhancing facial features affected by the aging process. Stephanie joined LifeSpa I Medi in April 2022, where she continues to help clients feel confident, vibrant, and empowered in their everyday lives. Dedicated to staying at the forefront of the industry, she actively pursues ongoing education and regularly attends professional conferences to ensure she delivers the latest, safest, and most effective aesthetic treatments to her patients.

## SERVICES PROVIDED

- Advanced cosmetic aesthetic procedures to include: Daxxify®, Botox®, Dysport®, Juvederm® portfolio, Restylane® portfolio, Sculptra®, and Kybella® and Platelet-rich Fibrin therapies
- Personalized Pharmaceutical Grade Skincare

## YEARS OF EXPERIENCE

- Currently enrolled in Nurse Practitioner Program, anticipated graduation date 2026
- Certified Injection Specialist since 2021
- Registered Nurse since 2005

## SPECIAL TRAININGS, AWARDS, PROGRAMS

- Certified Aesthetics Nurse Specialist (CANS) 2024
- Life Time LifeSpa I Medi Artistry Achievement Award MVP MediSpa Nominee 2023
- Life Time LifeSpa I Medi Artistry Achievement Award Emerging Performer Recipient 2023
- International Society of Plastic and Aesthetic Nurses Advanced Cadaver Lab Completion 2022
- Allergan Medical Institute AMI Accelerate Training, 2022
- Texas Laser Institute Neurotoxin and facial filler training, 2021
- Minnesota State University Moorhead Bachelor of Science in Nursing, 2021 Graduated with Honors
- North Hennepin Community College Associate of Science in Nursing, 2005 Graduated with Honors
- Member of the International Society of Plastic and Aesthetic Nurses

